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SECOND SUBSTITUTE HOUSE BILL 1874

State of Washington 66th Legislature 2019 Regular Session

By House Appropriations (originally sponsored by Representatives Frame, Eslick, Davis, Bergquist, and Doglio)

READ FIRST TIME 03/01/19.

- AN ACT Relating to implementing policies related to expanding adolescent behavioral health care access as reviewed and recommended by the children's mental health work group; amending RCW 71.34.010, 71.34.020, 71.34.500, 71.34.510, 71.34.520, 71.34.530, 71.34.650, 71.34.700, 71.34.700, 71.34.710, 71.34.710, and 74.13.280; adding new sections to chapter 71.34 RCW; creating new sections; providing an effective date; and providing expiration dates.
- 8 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 9 **Sec. 1.** RCW 71.34.010 and 2018 c 201 s 5001 are each amended to 10 read as follows:
 - It is the purpose of this chapter to assure that minors in need of mental health care and treatment receive an appropriate continuum of culturally relevant care and treatment, including prevention and early intervention, self-directed care, parent-directed care, and involuntary treatment. To facilitate the continuum of care and treatment to minors in out-of-home placements, all divisions of the authority and the department that provide mental health services to minors shall jointly plan and deliver those services.
- It is also the purpose of this chapter to protect the rights of ((minors)) adolescents to confidentially and independently seek services for mental health and substance use disorders. Mental health

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1 and substance use disorder treatment providers shall guard against needless hospitalization and deprivations of liberty ((and to)), 2 3 enable treatment decisions to be made in response to clinical needs in accordance with sound professional judgment((. The mental health 4 care and treatment providers shall)), and encourage the use of 5 6 voluntary services ((and)). Mental health and substance use disorder 7 treatment providers shall also, whenever clinically appropriate, ((the providers shall)) offer less restrictive alternatives to 8 inpatient treatment. Additionally, all mental health care and 9 treatment providers shall assure that minors' parents are given an 10 11 opportunity to participate in the treatment decisions for their minor 12 children. The mental health care and treatment providers shall, to the extent possible, offer services that involve minors' parents or 13 14 family.

It is also the purpose of this chapter to assure the ability of parents to exercise reasonable, compassionate care and control of their minor children when there is a medical necessity for treatment and without the requirement of filing a petition under this chapter. This includes a parent's ability to request and receive medically necessary treatment for his or her adolescent without the consent of the adolescent.

22 **Sec. 2.** RCW 71.34.020 and 2018 c 201 s 5002 are each amended to

Unless the context clearly requires otherwise, the definitions in this section apply throughout this chapter.

- (1) "Alcoholism" means a disease, characterized by a dependency on alcoholic beverages, loss of control over the amount and circumstances of use, symptoms of tolerance, physiological or psychological withdrawal, or both, if use is reduced or discontinued, and impairment of health or disruption of social or economic functioning.
- (2) "Approved substance use disorder treatment program" means a program for minors with substance use disorders provided by a treatment program licensed or certified by the department of health as meeting standards adopted under chapter 71.24 RCW.
 - (3) "Authority" means the Washington state health care authority.
 - (4) "Chemical dependency" means:
- (a) Alcoholism;

read as follows:

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(b) Drug addiction; or

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- 1 (c) Dependence on alcohol and one or more other psychoactive 2 chemicals, as the context requires.
 - (5) "Chemical dependency professional" means a person certified as a chemical dependency professional by the department of health under chapter 18.205 RCW, or a person certified as a chemical dependency professional trainee under RCW 18.205.095 working under the direct supervision of a certified chemical dependency professional.
 - (6) "Child psychiatrist" means a person having a license as a physician and surgeon in this state, who has had graduate training in child psychiatry in a program approved by the American Medical Association or the American Osteopathic Association, and who is board eligible or board certified in child psychiatry.
 - (7) "Children's mental health specialist" means:

- (a) A mental health professional who has completed a minimum of one hundred actual hours, not quarter or semester hours, of specialized training devoted to the study of child development and the treatment of children; and
- (b) A mental health professional who has the equivalent of one year of full-time experience in the treatment of children under the supervision of a children's mental health specialist.
- (8) "Commitment" means a determination by a judge or court commissioner, made after a commitment hearing, that the minor is in need of inpatient diagnosis, evaluation, or treatment or that the minor is in need of less restrictive alternative treatment.
- 26 (9) "Department" means the department of social and health 27 services.
 - (10) "Designated crisis responder" means a person designated by a behavioral health organization to perform the duties specified in this chapter.
 - (11) "Director" means the director of the authority.
 - (12) "Drug addiction" means a disease, characterized by a dependency on psychoactive chemicals, loss of control over the amount and circumstances of use, symptoms of tolerance, physiological or psychological withdrawal, or both, if use is reduced or discontinued, and impairment of health or disruption of social or economic functioning.
- 38 (13) "Evaluation and treatment facility" means a public or 39 private facility or unit that is licensed or certified by the 40 department of health to provide emergency, inpatient, residential, or

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- outpatient mental health evaluation and treatment services for minors. A physically separate and separately-operated portion of a state hospital may be designated as an evaluation and treatment facility for minors. A facility which is part of or operated by the state or federal agency does not require licensure or certification. No correctional institution or facility, juvenile court detention facility, or jail may be an evaluation and treatment facility within the meaning of this chapter.
 - (14) "Evaluation and treatment program" means the total system of services and facilities coordinated and approved by a county or combination of counties for the evaluation and treatment of minors under this chapter.

- (15) "Gravely disabled minor" means a minor who, as a result of a mental disorder, or as a result of the use of alcohol or other psychoactive chemicals, is in danger of serious physical harm resulting from a failure to provide for his or her essential human needs of health or safety, or manifests severe deterioration in routine functioning evidenced by repeated and escalating loss of cognitive or volitional control over his or her actions and is not receiving such care as is essential for his or her health or safety.
- (16) "Inpatient treatment" means twenty-four-hour-per-day mental health care provided within a general hospital, psychiatric hospital, residential treatment facility licensed or certified by the department of health as an evaluation and treatment facility for minors, secure detoxification facility for minors, or approved substance use disorder treatment program for minors.
- (17) "Intoxicated minor" means a minor whose mental or physical functioning is substantially impaired as a result of the use of alcohol or other psychoactive chemicals.
- (18) "Less restrictive alternative" or "less restrictive setting" means outpatient treatment provided to a minor who is not residing in a facility providing inpatient treatment as defined in this chapter.
- (19) "Likelihood of serious harm" means either: (a) A substantial risk that physical harm will be inflicted by an individual upon his or her own person, as evidenced by threats or attempts to commit suicide or inflict physical harm on oneself; (b) a substantial risk that physical harm will be inflicted by an individual upon another, as evidenced by behavior which has caused such harm or which places another person or persons in reasonable fear of sustaining such harm; or (c) a substantial risk that physical harm will be inflicted by an

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individual upon the property of others, as evidenced by behavior which has caused substantial loss or damage to the property of others.

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- (20) "Medical necessity" for inpatient care means a requested service which is reasonably calculated to: (a) Diagnose, correct, cure, or alleviate a mental disorder or substance use disorder; or (b) prevent the progression of a substance use disorder that endangers life or causes suffering and pain, or results in illness or infirmity or threatens to cause or aggravate a handicap, or causes physical deformity or malfunction, and there is no adequate less restrictive alternative available.
- (21) "Mental disorder" means any organic, mental, or emotional impairment that has substantial adverse effects on an individual's cognitive or volitional functions. The presence of alcohol abuse, drug abuse, juvenile criminal history, antisocial behavior, or intellectual disabilities alone is insufficient to justify a finding of "mental disorder" within the meaning of this section.
- (22) "Mental health professional" means a psychiatrist, psychiatric advanced registered nurse practitioner, physician assistant working with a supervising psychiatrist, psychologist, psychiatric nurse, $((\Theta r))$ social worker, and such other mental health professionals as ((may be)) defined by rules adopted by the secretary of the department of health under this chapter.
 - (23) "Minor" means any person under the age of eighteen years.
- (24) "Outpatient treatment" means any of the nonresidential services mandated under chapter 71.24 RCW and provided by licensed or certified service providers as identified by RCW 71.24.025.
- 28 (25) "Parent" means <u>one of the following persons in the following</u>
 29 order of priority:
- 30 (a) The appointed guardian, or legal custodian authorized 31 pursuant to Title 26 RCW, of the minor patient, if any;
- 32 (b) A person authorized by the court to consent to medical care 33 for a child in out-of-home placement pursuant to chapter 13.32A or 34 13.34 RCW, if any;
 - $\underline{\text{(c)}}$ A biological or adoptive parent who has legal custody of the child, including either parent if custody is shared under a joint custody agreement; (($\frac{6}{2}$
- 38 (b) A person or agency judicially appointed as legal guardian or 39 custodian of the child)) (d) The individual, if any, to whom the

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1 minor's parent has given a signed authorization to make health care
2 decisions for the minor patient; or

- (e) A competent adult representing himself or herself to be a relative responsible for the health care of such minor patient or a competent adult who has signed and dated a declaration under penalty of perjury pursuant to RCW 9A.72.085 stating that the adult person is a relative responsible for the health care of the minor patient. Such declaration is effective for up to six months from the date of the declaration.
- (26) "Private agency" means any person, partnership, corporation, or association that is not a public agency, whether or not financed in whole or in part by public funds, that constitutes an evaluation and treatment facility or private institution, or hospital, or approved substance use disorder treatment program, that is conducted for, or includes a distinct unit, floor, or ward conducted for, the care and treatment of persons with mental illness, substance use disorders, or both mental illness and substance use disorders.
- (27) "Physician assistant" means a person licensed as a physician assistant under chapter 18.57A or 18.71A RCW.
- (28) "Professional person in charge" or "professional person" means a physician, other mental health professional, or other person empowered by an evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program with authority to make admission and discharge decisions on behalf of that facility.
- (29) "Psychiatric nurse" means a registered nurse who has experience in the direct treatment of persons who have a mental illness or who are emotionally disturbed, such experience gained under the supervision of a mental health professional.
- (30) "Psychiatrist" means a person having a license as a physician in this state who has completed residency training in psychiatry in a program approved by the American Medical Association or the American Osteopathic Association, and is board eligible or board certified in psychiatry.
- 35 (31) "Psychologist" means a person licensed as a psychologist 36 under chapter 18.83 RCW.
 - (32) "Public agency" means any evaluation and treatment facility or institution, or hospital, or approved substance use disorder treatment program that is conducted for, or includes a distinct unit, floor, or ward conducted for, the care and treatment of persons with

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- mental illness, substance use disorders, or both mental illness and substance use disorders if the agency is operated directly by federal, state, county, or municipal government, or a combination of such governments.
- 5 (33) "Responsible other" means the minor, the minor's parent or 6 estate, or any other person legally responsible for support of the 7 minor.
- 8 (34) "Secretary" means the secretary of the department or 9 secretary's designee.
- 10 (35) "Secure detoxification facility" means a facility operated 11 by either a public or private agency or by the program of an agency 12 that:
 - (a) Provides for intoxicated minors:

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- 14 (i) Evaluation and assessment, provided by certified chemical dependency professionals;
 - (ii) Acute or subacute detoxification services; and
 - (iii) Discharge assistance provided by certified chemical dependency professionals, including facilitating transitions to appropriate voluntary or involuntary inpatient services or to less restrictive alternatives as appropriate for the minor;
- 21 (b) Includes security measures sufficient to protect the 22 patients, staff, and community; and
 - (c) Is licensed or certified as such by the department of health.
 - (36) "Social worker" means a person with a master's or further advanced degree from a social work educational program accredited and approved as provided in RCW 18.320.010.
 - (37) "Start of initial detention" means the time of arrival of the minor at the first evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program offering inpatient treatment if the minor is being involuntarily detained at the time. With regard to voluntary patients, "start of initial detention" means the time at which the minor gives notice of intent to leave under the provisions of this chapter.
- 35 (38) "Substance use disorder" means a cluster of cognitive, 36 behavioral, and physiological symptoms indicating that an individual 37 continues using the substance despite significant substance-related 38 problems. The diagnosis of a substance use disorder is based on a 39 pathological pattern of behaviors related to the use of the 40 substances.

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- 2 **Sec. 3.** RCW 71.34.500 and 2016 sp.s. c 29 s 261 are each amended to read as follows:
- (1) ((A minor thirteen years or older)) An adolescent may admit 4 5 himself or herself to an evaluation and treatment facility for inpatient mental health treatment or an approved substance use 6 disorder treatment program for inpatient substance use disorder 7 treatment without parental consent. The admission shall occur only if 8 the professional person in charge of the facility concurs with the 9 10 need for inpatient treatment. Parental authorization, 11 authorization from a person who may consent on behalf of the minor pursuant to RCW 7.70.065, is required for inpatient treatment of a 12 13 minor under the age of thirteen.
 - (2) When, in the judgment of the professional person in charge of an evaluation and treatment facility or approved substance use disorder treatment program, there is reason to believe that a minor is in need of inpatient treatment because of a mental disorder or substance use disorder, and the facility provides the type of evaluation and treatment needed by the minor, and it is not feasible to treat the minor in any less restrictive setting or the minor's home, the minor may be admitted to the facility.
- 22 (3) Written renewal of voluntary consent must be obtained from 23 the applicant no less than once every twelve months. The minor's need 24 for continued inpatient treatments shall be reviewed and documented 25 no less than every one hundred eighty days.
- 26 **Sec. 4.** RCW 71.34.510 and 1998 c 296 s 15 are each amended to 27 read as follows:
- (1) The ((administrator)) professional person in charge of ((the)) an evaluation and treatment facility shall provide notice to the parent((s)) of ((a minor)) an adolescent when the ((minor)) adolescent is voluntarily admitted to inpatient treatment under RCW 71.34.500 solely for mental health treatment and not for substance use disorder treatment.
- 34 (2) The professional person in charge of an evaluation and
 35 treatment facility shall provide notice to parents of an adolescent
 36 voluntarily admitted to inpatient treatment under RCW 71.34.500 for
 37 substance use disorder treatment only if: (a) The adolescent provides
 38 written consent to the disclosure of the fact of admission and such

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other substance use disorder treatment information in the notice; or (b) permitted by federal law.

- (3) The notice required under this section shall be in the form most likely to reach the parent within twenty-four hours of the ((minor's)) adolescent's voluntary admission and shall advise the parent: ((((1))) (a) That the ((minor)) adolescent has been admitted to inpatient treatment; ((((2))) (b) of the location and telephone number of the facility providing such treatment; ((((3))) (c) of the name of a professional person on the staff of the facility providing treatment who is designated to discuss the ((minor's)) adolescent's need for inpatient treatment with the parent; and (((4))) (d) of the medical necessity for admission.
- **Sec. 5.** RCW 71.34.520 and 2016 sp.s. c 29 s 262 are each amended to read as follows:
 - (1) Any ((minor thirteen years or older)) adolescent voluntarily admitted to an evaluation and treatment facility or approved substance use disorder treatment program under RCW 71.34.500 may give notice of intent to leave at any time. The notice need not follow any specific form so long as it is written and the intent of the minor can be discerned.
- 21 (2) The staff member receiving the notice shall date it 22 immediately((τ)) and record its existence in the ((minor's)) 23 adolescent's clinical record($(\tau and send)$).
 - (a) If the evaluation and treatment facility is providing the adolescent solely with mental health treatment and not substance use disorder treatment, copies of ((it)) the notice must be sent to the ((minor's)) adolescent's attorney, if any, the designated crisis responders, and the parent.
 - (b) If the evaluation and treatment facility or substance use disorder treatment program is providing the adolescent with substance use disorder treatment, copies of the notice must be sent to the adolescent's attorney, if any, the designated crisis responders, and the parent only if: (i) The adolescent provides written consent to the disclosure of substance use disorder information; or (ii) permitted by federal law.
 - (3) The professional person shall discharge the ((minor, thirteen years or older,)) adolescent from the facility by the second judicial day following receipt of the minor's notice of intent to leave.

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- 1 **Sec. 6.** RCW 71.34.530 and 2006 c 93 s 4 are each amended to read 2 as follows:
- Any ((minor thirteen years or older)) adolescent may request and receive outpatient treatment without the consent of the ((minor's))
- 5 <u>adolescent's</u> parent. Parental authorization, or authorization from a
- 6 person who may consent on behalf of the minor pursuant to RCW
- 7 7.70.065, is required for outpatient treatment of a minor under the
- 8 age of thirteen.

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- 9 **Sec. 7.** RCW 71.34.650 and 2016 sp.s. c 29 s 265 are each amended to read as follows:
- 11 (1) A parent may bring, or authorize the bringing of, his or her 12 minor child to:
 - (a) A provider of outpatient mental health treatment and request that an appropriately trained professional person examine the minor to determine whether the minor has a mental disorder and is in need of outpatient treatment; or
 - (b) A provider of outpatient substance use disorder treatment and request that an appropriately trained professional person examine the minor to determine whether the minor has a substance use disorder and is in need of outpatient treatment.
- 21 (2) The consent of the minor is not required for evaluation if 22 the parent brings the minor to the provider.
 - (3) The professional person may evaluate whether the minor has a mental disorder or substance use disorder and is in need of outpatient treatment.
 - (4) If a determination is made by a provider under this section that an adolescent is in need of outpatient treatment, a parent of an adolescent may request and receive outpatient treatment for his or her adolescent without the consent of the adolescent for up to twelve outpatient sessions occurring within a three-month period.
- 31 (5) Following the treatment periods under subsection (4) of this 32 section, an adolescent must provide his or her consent for further 33 treatment.
- (6) If a determination is made by a provider under this section that an adolescent is in need of treatment in a less restrictive setting, including partial hospitalization or intensive outpatient treatment, a parent of an adolescent may request and receive such treatment without the consent of the adolescent.

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(a) An entity providing solely mental health treatment to an adolescent under this subsection (6) must convene a treatment review at least every thirty days after treatment begins that includes the adolescent, parent, and treatment team to determine whether continued care under this subsection is necessary.

- (b) An entity providing solely mental health treatment to an adolescent under this subsection (6) shall provide notification of the adolescent's treatment to an independent reviewer at the authority within twenty-four hours of the adolescent's receipt of treatment under this section to determine whether the level of treatment provided is medically necessary. At least every forty-five days after the adolescent's first receipt of treatment under this subsection, the authority shall conduct an additional review to determine whether the current level of treatment is medically necessary.
- (c) An entity providing substance use disorder treatment under this subsection (6) shall convene a treatment review under (a) of this subsection and provide the notification of the adolescent's receipt of treatment to an independent reviewer at the authority as described in (b) of this subsection only if: (i) The adolescent provides written consent to the disclosure of substance use disorder treatment information including the fact of his or her receipt of such treatment; or (ii) permitted by federal law.
- 24 <u>(7)</u> Any minor admitted to inpatient treatment under RCW 71.34.500 or 71.34.600 shall be discharged immediately from inpatient treatment upon written request of the parent.
- **Sec. 8.** RCW 71.34.700 and 2016 sp.s. c 29 s 267 are each amended to read as follows:
 - (1) If ((a minor, thirteen years or older,)) an adolescent is brought to an evaluation and treatment facility or hospital emergency room for immediate mental health services, the professional person in charge of the facility shall evaluate the ((minor's)) adolescent's mental condition, determine whether the ((minor)) adolescent suffers from a mental disorder, and whether the ((minor)) adolescent is in need of immediate inpatient treatment.
 - (2) If ((a minor, thirteen years or older,)) an adolescent is brought to a secure detoxification facility with available space, or a hospital emergency room for immediate substance use disorder treatment, the professional person in charge of the facility shall

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- evaluate the ((minor's)) adolescent's condition, determine whether
 the ((minor)) adolescent suffers from a substance use disorder, and
 whether the ((minor)) adolescent is in need of immediate inpatient
 treatment.
- (3) If it is determined under subsection (1) or (2) of this section that the ((minor)) adolescent suffers from a mental disorder or substance use disorder, inpatient treatment is required, the ((minor)) adolescent is unwilling to consent to voluntary admission, and the professional person believes that the ((minor)) adolescent meets the criteria for initial detention set forth herein, the facility may detain or arrange for the detention of the ((minor)) adolescent for up to twelve hours in order to enable a designated crisis responder to evaluate the ((minor)) adolescent and commence initial detention proceedings under the provisions of this chapter.
- **Sec. 9.** RCW 71.34.700 and 2016 sp.s. c 29 s 268 are each amended to read as follows:

- (1) If ((a minor, thirteen years or older,)) an adolescent is brought to an evaluation and treatment facility or hospital emergency room for immediate mental health services, the professional person in charge of the facility shall evaluate the ((minor's)) adolescent's mental condition, determine whether the ((minor)) adolescent suffers from a mental disorder, and whether the ((minor)) adolescent is in need of immediate inpatient treatment.
- (2) If ((a minor, thirteen years or older,)) an adolescent is brought to a secure detoxification facility or a hospital emergency room for immediate substance use disorder treatment, the professional person in charge of the facility shall evaluate the ((minor's)) adolescent's condition, determine whether the ((minor)) adolescent suffers from a substance use disorder, and whether the ((minor)) adolescent is in need of immediate inpatient treatment.
- (3) If it is determined under subsection (1) or (2) of this section that the ((minor)) adolescent suffers from a mental disorder or substance use disorder, inpatient treatment is required, the ((minor)) adolescent is unwilling to consent to voluntary admission, and the professional person believes that the ((minor)) adolescent meets the criteria for initial detention set forth herein, the facility may detain or arrange for the detention of the ((minor)) adolescent for up to twelve hours in order to enable a designated

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crisis responder to evaluate the ((minor)) adolescent and commence initial detention proceedings under the provisions of this chapter.

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- Sec. 10. RCW 71.34.710 and 2016 sp.s. c 29 s 269 are each amended to read as follows:
- (1) (a) (i) When a designated crisis responder receives information that ((a minor, thirteen years or older,)) an adolescent as a result of a mental disorder presents a likelihood of serious harm or is gravely disabled, has investigated the specific facts alleged and of the credibility of the person or persons providing the information, and has determined that voluntary admission for inpatient treatment is not possible, the designated crisis responder may take the ((minor)) adolescent, or cause the ((minor)) adolescent to be taken, into custody and transported to an evaluation and treatment facility providing inpatient treatment.
- (ii) When a designated crisis responder receives information that ((a minor, thirteen years or older,)) an adolescent as a result of a substance use disorder presents a likelihood of serious harm or is gravely disabled, has investigated the specific facts alleged and of the credibility of the person or persons providing the information, and has determined that voluntary admission for inpatient treatment is not possible, the designated crisis responder may take the ((minor)) adolescent, or cause the ((minor)) adolescent to be taken, into custody and transported to a secure detoxification facility or approved substance use disorder treatment program, if a secure detoxification facility or approved substance use disorder treatment program is available and has adequate space for the ((minor)) adolescent.
- (b) If the ((minor)) adolescent is not taken into custody for evaluation and treatment, the parent who has custody of the ((minor)) adolescent may seek review of that decision made by the designated crisis responder in court. The parent shall file notice with the court and provide a copy of the designated crisis responder's report or notes.
- (2) Within twelve hours of the ((minor's)) adolescent's arrival at the evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program, the designated crisis responder shall serve on the ((minor)) adolescent a copy of the petition for initial detention, notice of initial detention, and statement of rights. The designated crisis responder

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shall file with the court on the next judicial day following the initial detention the original petition for initial detention, notice of initial detention, and statement of rights along with an affidavit of service. The designated crisis responder shall commence service of the petition for initial detention and notice of the initial detention on the ((minor's)) adolescent's parent and the ((minor's)) adolescent's attorney as soon as possible following the initial detention.

(3) At the time of initial detention, the designated crisis responder shall advise the ((minor)) adolescent both orally and in writing that if admitted to the evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program for inpatient treatment, a commitment hearing shall be held within seventy-two hours of the ((minor's)) adolescent's provisional acceptance to determine whether probable cause exists to commit the ((minor)) adolescent for further treatment.

The ((minor)) adolescent shall be advised that he or she has a right to communicate immediately with an attorney and that he or she has a right to have an attorney appointed to represent him or her before and at the hearing if the ((minor)) adolescent is indigent.

- (4) Subject to subsection (5) of this section, whenever the designated crisis responder petitions for detention of ((a minor)) an adolescent under this chapter, an evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program providing seventy-two hour evaluation and treatment must immediately accept on a provisional basis the petition and the person. Within twenty-four hours of the ((minor's)) adolescent's arrival, the facility must evaluate the ((minor's)) adolescent in accordance with this chapter.
- (5) A designated crisis responder may not petition for detention of ((a minor)) an adolescent to a secure detoxification facility or approved substance use disorder treatment program unless there is a secure detoxification facility or approved substance use disorder treatment program available and that has adequate space for the ((minor)) adolescent.
- (6) If ((a minor)) an adolescent is not approved for admission by the inpatient evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program, the facility shall make such recommendations and referrals

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- 1 for further care and treatment of the ((minor)) adolescent as 2 necessary.
 - Sec. 11. RCW 71.34.710 and 2016 sp.s. c 29 s 270 are each amended to read as follows:

- (1) (a) (i) When a designated crisis responder receives information that ((a minor, thirteen years or older,)) an adolescent as a result of a mental disorder presents a likelihood of serious harm or is gravely disabled, has investigated the specific facts alleged and of the credibility of the person or persons providing the information, and has determined that voluntary admission for inpatient treatment is not possible, the designated crisis responder may take the ((minor)) adolescent, or cause the ((minor)) adolescent to be taken, into custody and transported to an evaluation and treatment facility providing inpatient treatment.
- (ii) When a designated crisis responder receives information that ((a minor, thirteen years or older,)) an adolescent as a result of a substance use disorder presents a likelihood of serious harm or is gravely disabled, has investigated the specific facts alleged and of the credibility of the person or persons providing the information, and has determined that voluntary admission for inpatient treatment is not possible, the designated crisis responder may take the ((minor)) adolescent, or cause the ((minor)) adolescent to be taken, into custody and transported to a secure detoxification facility or approved substance use disorder treatment program.
- (b) If the ((minor)) adolescent is not taken into custody for evaluation and treatment, the parent who has custody of the ((minor)) adolescent may seek review of that decision made by the designated crisis responder in court. The parent shall file notice with the court and provide a copy of the designated crisis responder's report or notes.
- (2) Within twelve hours of the ((minor's)) adolescent's arrival at the evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program, the designated crisis responder shall serve on the ((minor)) adolescent a copy of the petition for initial detention, notice of initial detention, and statement of rights. The designated crisis responder shall file with the court on the next judicial day following the initial detention the original petition for initial detention, notice of initial detention, and statement of rights along with an affidavit

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of service. The designated crisis responder shall commence service of the petition for initial detention and notice of the initial detention on the ((minor's)) adolescent's parent and the ((minor's)) adolescent's attorney as soon as possible following the initial detention.

- (3) At the time of initial detention, the designated crisis responder shall advise the ((minor)) adolescent both orally and in writing that if admitted to the evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program for inpatient treatment, a commitment hearing shall be held within seventy-two hours of the ((minor's)) adolescent's provisional acceptance to determine whether probable cause exists to commit the ((minor)) adolescent for further treatment.
- The ((minor)) adolescent shall be advised that he or she has a right to communicate immediately with an attorney and that he or she has a right to have an attorney appointed to represent him or her before and at the hearing if the ((minor)) adolescent is indigent.
- (4) Whenever the designated crisis responder petitions for detention of ((a minor)) an adolescent under this chapter, an evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program providing seventy—two hour evaluation and treatment must immediately accept on a provisional basis the petition and the person. Within twenty-four hours of the ((minor's)) adolescent's arrival, the facility must evaluate the ((minor's)) adolescent's condition and either admit or release the ((minor)) adolescent in accordance with this chapter.
- (5) If ((a minor)) an adolescent is not approved for admission by the inpatient evaluation and treatment facility, secure detoxification facility, or approved substance use disorder treatment program, the facility shall make such recommendations and referrals for further care and treatment of the ((minor)) adolescent as necessary.
- NEW SECTION. Sec. 12. A new section is added to chapter 71.34 RCW to read as follows:
 - (1) A mental health professional providing solely mental health treatment and not substance use disorder treatment to an adolescent may provide mental health treatment information pursuant to subsection (2) of this section without the consent of the adolescent to a parent who is involved in the treatment of the adolescent when

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- the mental health professional determines that sharing this information would not be detrimental to the adolescent. A mental health professional shall not proactively provide this information to a parent unless the adolescent states a clear and documented desire to do so, or in cases concerning the imminent health and safety of the youth.
- 7 (2) The mental health treatment information that a mental health 8 professional can disclose pursuant to subsection (1) of this section 9 includes the following:
 - (a) Diagnosis;

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- (b) Treatment plan and progress in treatment;
- 12 (c) Recommended medications, including risks, benefits, side 13 effects, typical efficacy, dose, and schedule;
 - (d) Psychoeducation about the adolescent's mental health;
 - (e) Referrals to community resources;
- 16 (f) Coaching on parenting or behavioral management strategies; 17 and
 - (g) Crisis prevention planning and safety planning.
 - (3) In the event a mental health professional discloses mental health treatment information of an adolescent pursuant to subsection (1) of this section, the mental health professional must provide notice of this disclosure to the adolescent and the adolescent must have ample opportunity to express any concerns about this disclosure to the mental health professional well in advance of action to disclose mental health treatment information. The mental health professional shall document any objections to disclosure in the adolescent's medical record if the mental health professional discloses mental health treatment information over the objection of the adolescent.
 - (4) If the mental health professional determines that disclosure of mental health information pursuant to subsection (1) of this section would be detrimental to the adolescent and declines to disclose such information, the mental health professional shall document the reasons for the lack of disclosure in the adolescent's medical record.
 - (5) An adolescent or parent is allowed to authorize release of mental health treatment records to a current treatment provider or to a potential treatment provider for the purpose of facilitating referrals for additional mental health treatment services. A mental health treatment provider shall release mental health treatment

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records following direction from a parent or legal guardian pursuant to this subsection, unless the treatment provider believes that the release of information would be detrimental to the adolescent.

- (a) The family shall make efforts to jointly agree on the release of mental health treatment information to treatment providers pursuant to this subsection.
- (b) If the mental health professional declines to allow release of mental health treatment information pursuant to this subsection, the provider shall document reasons for not releasing the information in the medical record.
- (c) Treatment records may not be released pursuant to this subsection for conversion therapy as defined in RCW 18.130.020.
- (6) Information about an adolescent's substance use disorder evaluation or treatment may only be provided to a parent or legal guardian without the written consent of the adolescent if permitted by federal law. A mental health professional or chemical dependency professional providing substance use disorder treatment to an adolescent may seek the written consent of the adolescent to provide substance use disorder treatment information to a parent who is involved in the treatment of the adolescent when the mental health professional or chemical dependency professional determines that both seeking the written consent and sharing the substance use disorder treatment information of the adolescent would not be detrimental to the adolescent.
- NEW SECTION. Sec. 13. A new section is added to chapter 71.34 RCW to read as follows:
 - (1) A mental health professional providing inpatient or outpatient mental health treatment is not liable for an action regarding the following:
 - (a) Releasing mental health treatment information to a parent without an adolescent's consent pursuant to section 12 of this act if it is determined by the professional that release of the information would not be detrimental to the adolescent; or
 - (b) Declining to release mental health treatment information to a parent or legal guardian pursuant to section 12 of this act if it is determined by the professional that release of the information would be detrimental to the adolescent.
 - (2) A chemical dependency professional providing inpatient or outpatient substance use disorder treatment is not liable for either

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- 1 releasing or declining to release substance use disorder treatment
- 2 information to a parent without an adolescent's consent pursuant to
- 3 section 12 of this act if permitted by federal law.

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- 4 **Sec. 14.** RCW 74.13.280 and 2018 c 284 s 45 are each amended to 5 read as follows:
 - (1) Except as provided in RCW 70.02.220, whenever a child is placed in out-of-home care by the department or with an agency, the department or agency shall share information known to the department or agency about the child and the child's family with the care provider and shall consult with the care provider regarding the child's case plan. If the child is dependent pursuant to a proceeding under chapter 13.34 RCW, the department or agency shall keep the care provider informed regarding the dates and location of dependency review and permanency planning hearings pertaining to the child.
- 15 (2) Information about the child and the child's family shall include information known to the department or agency as to whether the child is a sexually reactive child, has exhibited high-risk behaviors, or is physically assaultive or physically aggressive, as defined in this section.
- 20 (3) Information about the child shall also include information 21 known to the department or agency that the child:
- 22 (a) Has received a medical diagnosis of fetal alcohol syndrome or 23 fetal alcohol effect;
 - (b) Has been diagnosed by a qualified mental health professional as having a mental health disorder;
 - (c) Has witnessed a death or substantial physical violence in the past or recent past; or
- 28 (d) Was a victim of sexual or severe physical abuse in the recent 29 past.
 - (4) Any person who receives information about a child or a child's family pursuant to this section shall keep the information confidential and shall not further disclose or disseminate the information except as authorized by law. Care providers shall agree in writing to keep the information that they receive confidential and shall affirm that the information will not be further disclosed or disseminated, except as authorized by law.
- 37 (5) Nothing in this section shall be construed to limit the 38 authority of the department or an agency to disclose client 39 information or to maintain client confidentiality as provided by law.

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- 1 (6) ((As used in)) The department may share the following mental
 2 health treatment records with a care provider, even if the child does
 3 not consent to releasing those records, if the department has
 4 initiated treatment pursuant to RCW 71.34.600:
 - (a) Diagnosis;

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- (b) Treatment plan and progress in treatment;
- 7 (c) Recommended medications, including risks, benefits, side 8 effects, typical efficacy, dose, and schedule;
 - (d) Psychoeducation about the child's mental health;
- 10 (e) Referrals to community resources;
- 11 <u>(f) Coaching on parenting or behavioral management strategies;</u> 12 and
 - (q) Crisis prevention planning and safety planning.
- 14 (7) The department may not share substance use disorder treatment
 15 records with a care provider without the written consent of the child
 16 except as permitted by federal law.
 - (8) For the purposes of this section:
 - (a) "Sexually reactive child" means a child who exhibits sexual behavior problems including, but not limited to, sexual behaviors that are developmentally inappropriate for their age or are harmful to the child or others.
- 22 (b) "High-risk behavior" means an observed or reported and documented history of one or more of the following:
 - (i) Suicide attempts or suicidal behavior or ideation;
 - (ii) Self-mutilation or similar self-destructive behavior;
- 26 (iii) Fire-setting or a developmentally inappropriate fascination 27 with fire:
 - (iv) Animal torture;
 - (v) Property destruction; or
- 30 (vi) Substance or alcohol abuse.
- 31 (c) "Physically assaultive or physically aggressive" means a 32 child who exhibits one or more of the following behaviors that are 33 developmentally inappropriate and harmful to the child or to others:
 - (i) Observed assaultive behavior;
- 35 (ii) Reported and documented history of the child willfully 36 assaulting or inflicting bodily harm; or
- (iii) Attempting to assault or inflict bodily harm on other children or adults under circumstances where the child has the apparent ability or capability to carry out the attempted assaults including threats to use a weapon.

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- 1 (d) "Care provider" means a person with whom a child is placed in
- 2 <u>out-of-home care</u>, or a designated official for a group care facility
- 3 <u>licensed</u> by the department.
- 4 <u>NEW SECTION.</u> **Sec. 15.** A new section is added to chapter 71.34 5 RCW to read as follows:
- 6 Subject to the availability of amounts appropriated for this
- 7 specific purpose, the authority must provide an online training for
- 8 behavioral health providers regarding state law and best practices
- 9 when providing behavioral health services to children, youth, and

families. The training must be free for providers and must include

- 11 information related to parent-initiated treatment, minor-initiated
- 12 treatment, and other treatment services provided under this chapter.
- 13 <u>NEW SECTION.</u> **Sec. 16.** A new section is added to chapter 71.34
- 14 RCW to read as follows:

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- 15 (1) Subject to the availability of amounts appropriated for this
- 16 specific purpose, the authority must conduct an annual survey of a
- 17 sample group of parents, youth, and behavioral health providers to
- 18 measure the impacts of implementing policies resulting from this act
- 19 during the first three years of implementation. The first survey must
- 20 be complete by July 1, 2020, followed by subsequent annual surveys
- 21 completed by July 1, 2021, and by July 1, 2022. The authority must
- 22 report on the results of the surveys annually to the governor and the
- 23 legislature beginning November 1, 2020. The final report is due
- 24 November 1, 2022, and must include any recommendations for statutory
- 25 changes identified as needed based on survey results.
- 26 (2) This section expires December 31, 2022.
- NEW SECTION. Sec. 17. This act may be known and cited as the
- 28 adolescent behavioral health care access act.
- 29 <u>NEW SECTION.</u> **Sec. 18.** Sections 8 and 10 of this act expire July
- 30 1, 2026.
- 31 <u>NEW SECTION.</u> **Sec. 19.** Sections 9 and 11 of this act take effect
- 32 July 1, 2026.
- 33 <u>NEW SECTION.</u> **Sec. 20.** If specific funding for the purposes of
- 34 this act, referencing this act by bill or chapter number, is not

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- 1 provided by June 30, 2019, in the omnibus appropriations act, this
- 2 act is null and void.

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